



Nutrition Facts Panels

Apples, Raisins, Cinnamon Sauce

Nutrition Facts		*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Serving Size 2/3 Cup (110g)		Calories: 2,000 2,500	
Servings Per Container 3			
Amount Per Serving			
Calories 110	Calories from Fat 35		
% Daily Value*			
Total Fat 4g	6%	Total Fat	Less than 65g 80g
Saturated Fat 2.5g	13%	Sat Fat	Less than 20g 25g
<i>Trans Fat 0g</i>		Cholesterol	Less than 300mg 300mg
Cholesterol 5mg	2%	Sodium	Less than 2,400mg 2,400mg
Sodium 30mg	1%	Total Carbohydrate	300g 375g
Potassium 145mg	10%	Dietary Fiber	25g 30g
Total Carbohydrate 21g	7%	Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	
Dietary Fiber 3g	12%	INGREDIENTS:	
Sugars 17g		FRUITS: RED APPLES, RAISINS, CALCIUM ASCORBATE (A BLEND OF CALCIUM AND VITAMIN C TO PROMOTE COLOR RETENTION).	
Protein 1g		SAUCE: BUTTER (CREAM, SALT), HONEY BROWN SUGAR (SUGAR, MOLASSES), FOOD STARCH-MODIFIED, CINNAMON.	
Vitamin A 4%	• Vitamin C 250%	CONTAINS MILK INGREDIENTS	
Calcium 8%	• Iron 2%	DISTRIBUTED BY: THE SHOLL GROUP II, INC. EDEN PRAIRIE, MN 55344 PRODUCT OF U.S.A.	

Baby Cut Carrots, Chive Butter

Nutrition Facts		*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Serving Size 3/4 Cup (110g)		Calories: 2,000 2,500	
Servings Per Container about 3			
Amount Per Serving			
Calories 90	Calories from Fat 50		
% Daily Value*			
Total Fat 6g	9%	Total Fat	Less than 65g 80g
Saturated Fat 3.5g	18%	Sat Fat	Less than 20g 25g
<i>Trans Fat 0g</i>		Cholesterol	Less than 300mg 300mg
Cholesterol 10mg	3%	Sodium	Less than 2,400mg 2,400mg
Sodium 280mg	12%	Total Carbohydrate	300g 375g
Potassium 250mg	8%	Dietary Fiber	25g 30g
Total Carbohydrate 9g	3%	Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	
Dietary Fiber 3g	12%	INGREDIENTS:	
Sugars 5g		VEGETABLES: BABY-CUT CARROTS.	
Protein 1g		SAUCE: BUTTER (CREAM, SALT), OLIVE OIL, ROASTED GARLIC POWDER, SALT, FOOD STARCH-MODIFIED, DRIED CHIVES, GROUND BLACK PEPPER.	
Vitamin A 280%	• Vitamin C 6%	CONTAINS MILK INGREDIENTS	
Calcium 4%	• Iron 6%	DISTRIBUTED BY: THE SHOLL GROUP II, INC. EDEN PRAIRIE, MN 55344 PRODUCT OF U.S.A.	
Vitamin K 12%	• Thiamin 2%		
Riboflavin 2%	• Niacin 2%		
Vitamin B6 6%	• Folate 6%		
Phosphorus 2%	• Copper 4%		
Manganese 6%	• Molybdenum 6%		

Broccoli, Carrot, Garlic Butter

Nutrition Facts		*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Serving Size 1 Cup (110g)		Calories: 2,000 2,500	
Servings Per Container about 3			
Amount Per Serving			
Calories 90	Calories from Fat 60		
% Daily Value*			
Total Fat 6g	9%	Total Fat	Less than 65g 80g
Saturated Fat 3.5g	18%	Sat Fat	Less than 20g 25g
<i>Trans Fat 0g</i>		Cholesterol	Less than 300mg 300mg
Cholesterol 10mg	3%	Sodium	Less than 2,400mg 2,400mg
Sodium 230mg	10%	Total Carbohydrate	300g 375g
Potassium 320mg	9%	Dietary Fiber	25g 30g
Total Carbohydrate 6g	2%	Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	
Dietary Fiber 3g	12%	INGREDIENTS:	
Sugars 1g		VEGETABLES: BROCCOLI FLORETTES, BABY-CUT CARROTS.	
Protein 3g		SAUCE: BUTTER (CREAM, SALT), OLIVE OIL, ROASTED GARLIC, GARLIC POWDER, SALT, FOOD STARCH-MODIFIED, GROUND BLACK PEPPER.	
Vitamin A 110%	• Vitamin C 130%	CONTAINS MILK INGREDIENTS	
Calcium 6%	• Iron 6%	DISTRIBUTED BY: THE SHOLL GROUP II, INC. EDEN PRAIRIE, MN 55344 PRODUCT OF U.S.A.	
Thiamin 4%	• Riboflavin 6%		
Niacin 2%	• Vitamin B6 8%		
Folate 15%	• Phosphorus 6%		
Magnesium 6%	• Selenium 4%		
Copper 2%	• Manganese 10%		
Molybdenum 6%			

Broccoli, Carrot, Cheese Sauce

Nutrition Facts		*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Serving Size 1 Cup (110g)		Calories: 2,000 2,500	
Servings Per Container about 3			
Amount Per Serving			
Calories 100	Calories from Fat 30		
% Daily Value*			
Total Fat 3.5g	5%	Total Fat	Less than 65g 80g
Saturated Fat 1.5g	8%	Sat Fat	Less than 20g 25g
<i>Trans Fat 0g</i>		Cholesterol	Less than 300mg 300mg
Cholesterol 5mg	2%	Sodium	Less than 2,400mg 2,400mg
Sodium 600mg	25%	Total Carbohydrate	300g 375g
Potassium 380mg	10%	Dietary Fiber	25g 30g
Total Carbohydrate 15g	5%	Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	
Dietary Fiber 3g	12%	INGREDIENTS:	
Sugars 5g		VEGETABLES: BROCCOLI FLORETTES, BABY-CUT CARROTS.	
Protein 4g		SAUCE: BUTTER (CREAM, SALT), WATER, CHEESE MIX (CHEESE POWDER, (CULTURED MILK, WHEY, PARTIALLY HYDROGENATED SOYBEAN OIL, MALTODEXTRIN, REDUCED LACTOSE WHEY, SALT, DISODIUM PHOSPHATE, NONFAT DRY MILK, CITRIC ACID, ENZYMES, ARTIFICIAL COLOR (INCLUDING YELLOW 5 AND YELLOW 6)), MODIFIED FOOD STARCH, MALTODEXTRIN, WHEY POWDER, PARTIALLY HYDROGENATED SOYBEAN OIL, SALT, DEXTROSE, YEAST EXTRACT, CORN SYRUP SOLIDS, XANTHAN GUM, ARTIFICIAL FLAVOR, SODIUM CASEINATE, CITRIC ACID, MONO AND DIGLYCERIDES, YELLOW 5, YELLOW 6), GROUND BLACK PEPPER.	
Vitamin A 100%	• Vitamin C 110%	CONTAINS MILK INGREDIENTS	
Calcium 10%	• Iron 4%	DISTRIBUTED BY: THE SHOLL GROUP II, INC. EDEN PRAIRIE, MN 55344 PRODUCT OF U.S.A.	
Thiamin 4%	• Riboflavin 6%		
Niacin 2%	• Vitamin B6 8%		
Folate 15%	• Pantothenic Acid 4%		
Phosphorus 6%	• Magnesium 4%		
Zinc 2%	• Selenium 2%		
Copper 2%	• Manganese 8%		
Molybdenum 6%			

Butternut Squash, Cinnamon Sauce

Nutrition Facts		*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Serving Size 2/3 Cup (110g)		Calories: 2,000 2,500	
Servings Per Container 3			
Amount Per Serving			
Calories 90	Calories from Fat 35		
% Daily Value*			
Total Fat 4g	6%	Total Fat	Less than 65g 80g
Saturated Fat 2.5g	13%	Sat Fat	Less than 20g 25g
<i>Trans Fat 0g</i>		Cholesterol	Less than 300mg 300mg
Cholesterol 5mg	2%	Sodium	Less than 2,400mg 2,400mg
Sodium 35mg	1%	Total Carbohydrate	300g 375g
Potassium 355mg	10%	Dietary Fiber	25g 30g
Total Carbohydrate 16g	5%	Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	
Dietary Fiber 2g	8%	INGREDIENTS:	
Sugars 6g		VEGETABLES: BUTTERNUT SQUASH.	
Protein 1g		SAUCE: BUTTER (CREAM, SALT), HONEY BROWN SUGAR (SUGAR, MOLASSES), FOOD STARCH-MODIFIED, CINNAMON.	
Vitamin A 210%	• Vitamin C 35%	CONTAINS MILK INGREDIENTS	
Calcium 6%	• Iron 6%	DISTRIBUTED BY: THE SHOLL GROUP II, INC. EDEN PRAIRIE, MN 55344 PRODUCT OF U.S.A.	
Thiamin 6%	• Riboflavin 2%		
Niacin 6%	• Vitamin B6 8%		
Folate 6%	• Phosphorus 4%		
Magnesium 10%	• Copper 4%		
Manganese 10%	• Molybdenum 6%		

Cauliflower, Cheese Sauce

Nutrition Facts		*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Serving Size 1 Cup (110g)		Calories: 2,000 2,500	
Servings Per Container about 3			
Amount Per Serving			
Calories 90	Calories from Fat 25		
% Daily Value*			
Total Fat 3g	5%	Total Fat	Less than 65g 80g
Saturated Fat 1g	5%	Sat Fat	Less than 20g 25g
<i>Trans Fat 0g</i>		Cholesterol	Less than 300mg 300mg
Cholesterol 5mg	2%	Sodium	Less than 2,400mg 2,400mg
Sodium 510mg	21%	Total Carbohydrate	300g 375g
Potassium 370mg	10%	Dietary Fiber	25g 30g
Total Carbohydrate 14g	5%	Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	
Dietary Fiber 2g	8%	INGREDIENTS:	
Sugars 6g		VEGETABLES: CAULIFLOWER FLORETTES.	
Protein 3g		SAUCE: BUTTER (CREAM, SALT), WATER, CHEESE MIX (CHEESE POWDER, (CULTURED MILK, WHEY, PARTIALLY HYDROGENATED SOYBEAN OIL, MALTODEXTRIN, REDUCED LACTOSE WHEY, SALT, DISODIUM PHOSPHATE, NONFAT DRY MILK, CITRIC ACID, ENZYMES, ARTIFICIAL COLOR (INCLUDING YELLOW 5 AND YELLOW 6)), MODIFIED FOOD STARCH, MALTODEXTRIN, WHEY POWDER, PARTIALLY HYDROGENATED SOYBEAN OIL, SALT, DEXTROSE, YEAST EXTRACT, CORN SYRUP SOLIDS, XANTHAN GUM, ARTIFICIAL FLAVOR, SODIUM CASEINATE, CITRIC ACID, MONO AND DIGLYCERIDES, YELLOW 5, YELLOW 6), GROUND BLACK PEPPER.	
Vitamin A 0%	• Vitamin C 70%	CONTAINS MILK INGREDIENTS	
Calcium 6%	• Iron 2%	DISTRIBUTED BY: THE SHOLL GROUP II, INC. EDEN PRAIRIE, MN 55344 PRODUCT OF U.S.A.	
Vitamin K 15%	• Thiamin 4%		
Riboflavin 4%	• Niacin 2%		
Folate 15%	• Pantothenic Acid 6%		
Phosphorus 4%	• Magnesium 4%		
Manganese 6%	• Molybdenum 6%		



Green Beans, Garlic Butter

Nutrition Facts		* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Serving Size 1 Cup (110g)		Calories: 2,000	2,500
Servings Per Container about 3			
Amount Per Serving			
Calories 90	Calories from Fat 50		
	% Daily Value*		
Total Fat 6g	9%	Total Fat	Less than 65g 80g
Saturated Fat 3.5g	18%	Sat Fat	Less than 20g 25g
Trans Fat 0g		Cholesterol	Less than 300mg 300mg
Cholesterol 10mg	3%	Sodium	Less than 2,400mg 2,400mg
Sodium 210mg	9%	Total Carbohydrate	300g 375g
Potassium 190mg	6%	Dietary Fiber	25g 30g
Total Carbohydrate 8g	3%	Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	
Dietary Fiber 3g	12%	INGREDIENTS:	
Sugars 1g		VEGETABLES: GREEN BEANS.	
Protein 2g		SAUCE: BUTTER (CREAM, SALT), OLIVE OIL, ROASTED GARLIC, GARLIC POWDER, SALT, FOOD STARCH-MODIFIED, GROUND BLACK PEPPER.	
Vitamin A 20%	• Vitamin C 30%	CONTAINS MILK INGREDIENTS	
Calcium 4%	• Iron 6%	DISTRIBUTED BY: THE SHOLL GROUP II, INC. EDEN PRAIRIE, MN 55344 PRODUCT OF U.S.A.	
Vitamin K 20%	• Thiamin 6%		
Riboflavin 6%	• Niacin 4%		
Phosphorus 4%	• Magnesium 6%		
Copper 4%	• Manganese 10%		
Molybdenum 6%			

Sugar Snap Peas, Southwest Sauce

Nutrition Facts		* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Serving Size 2/3 Cup (110g)		Calories: 2,000	2,500
Servings Per Container about 3			
Amount Per Serving			
Calories 100	Calories from Fat 45		
	% Daily Value*		
Total Fat 5g	8%	Total Fat	Less than 65g 80g
Saturated Fat 3g	15%	Sat Fat	Less than 20g 25g
Trans Fat 0g		Cholesterol	Less than 300mg 300mg
Cholesterol 10mg	3%	Sodium	Less than 2,400mg 2,400mg
Sodium 510mg	21%	Total Carbohydrate	300g 375g
Potassium 110mg	4%	Dietary Fiber	25g 30g
Total Carbohydrate 9g	3%	Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	
Dietary Fiber 3g	12%	INGREDIENTS:	
Sugars 4g		VEGETABLES: SUGAR SNAP PEAS, BABY-CUT CARROTS.	
Protein 2g		SAUCE: BUTTER (CREAM, SALT), CAJUN SEASONING (DEHYDRATED GARLIC, SPICES, SALT, PAPRIKA (AS COLOR), DEHYDRATED ONION, RED PEPPER), CHILI POWDER, OLIVE OIL, SALT, ROASTED GARLIC, DRIED RED PEPPER, BLACK PEPPER, CAYENNE PEPPER.	
Vitamin A 120%	• Vitamin C 25%	CONTAINS MILK INGREDIENTS	
Calcium 6%	• Iron 6%	DISTRIBUTED BY: THE SHOLL GROUP II, INC. EDEN PRAIRIE, MN 55344 PRODUCT OF U.S.A.	
Vitamin K 6%			

Vegetable Medley, Cheese Sauce

Nutrition Facts		* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Serving Size 1 Cup (110g)		Calories: 2,000	2,500
Servings Per Container about 3			
Amount Per Serving			
Calories 100	Calories from Fat 30		
	% Daily Value*		
Total Fat 3.5g	5%	Total Fat	Less than 65g 80g
Saturated Fat 1.5g	8%	Sat Fat	Less than 20g 25g
Trans Fat 0g		Cholesterol	Less than 300mg 300mg
Cholesterol 5mg	2%	Sodium	Less than 2,400mg 2,400mg
Sodium 590mg	25%	Total Carbohydrate	300g 375g
Potassium 390mg	10%	Dietary Fiber	25g 30g
Total Carbohydrate 15g	5%	Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	
Dietary Fiber 3g	12%	INGREDIENTS:	
Sugars 5g		VEGETABLES: BROCCOLI FLORETTES, CAULIFLOWER FLORETTES, BABY-CUT CARROTS.	
Protein 4g		SAUCE: BUTTER (CREAM, SALT), WATER, CHEESE MIX (CHEESE POWDER, (CULTURED MILK, WHEY, PARTIALLY HYDROGENATED SOYBEAN OIL, MALTODEXTRIN, REDUCED LACTOSE WHEY, SALT, DISODIUM PHOSPHATE, NONFAT DRY MILK, CITRIC ACID, ENZYMES, ARTIFICIAL COLOR (INCLUDING YELLOW 5 AND YELLOW 6)), MODIFIED FOOD STARCH, MALTODEXTRIN, WHEY POWDER, PARTIALLY HYDROGENATED SOYBEAN OIL, SALT, DEXTROSE, YEAST EXTRACT, CORN SYRUP SOLIDS, XANTHAN GUM, ARTIFICIAL FLAVOR, SODIUM CASEINATE, CITRIC ACID, MONO AND DIGLYCERIDES, YELLOW 5, YELLOW 6), GROUND BLACK PEPPER.	
Vitamin A 60%	• Vitamin C 110%	CONTAINS MILK INGREDIENTS	
Calcium 8%	• Iron 4%	DISTRIBUTED BY: THE SHOLL GROUP II, INC. EDEN PRAIRIE, MN 55344 PRODUCT OF U.S.A.	
Vitamin K 6%	• Thiamin 4%		
Riboflavin 4%	• Niacin 2%		
Vitamin B6 8%	• Folate 15%		
Pantothenic Acid 4%	• Phosphorus 4%		
Magnesium 4%	• Zinc 2%		
Selenium 2%	• Copper 2%		
Manganese 8%	• Molybdenum 6%		